



February 2020

Central Park School
Lunch

Student Lunch: \$2.40 Reduced Lunch: \$0.40 Adult Lunch: \$2.90

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 <ul style="list-style-type: none"> Sloppy Joe Sandwich Onion Rings Sweet Corn 	4 Taco salad Served with Tortilla Scoops Salsa and Sour Cream	5 No Lunch Service School Trip	6 Sweet and Sour Chicken White Rice Broccoli	7 Pizza <ul style="list-style-type: none"> Tossed Salad
10 Cheeseburger or Hot Dog <ul style="list-style-type: none"> French Fries Baked Beans 	11 Chicken Parmesan Platter Caesar Salad <ul style="list-style-type: none"> Dinner Roll 	12 <ul style="list-style-type: none"> Turkey Corn Dog Nuggets Side of Macaroni and Cheese Baked Beans	13 Chicken Tenders Oven Baked Sweet Potato Fries <ul style="list-style-type: none"> Mixed Vegetables 	14 Pizza Tossed Salad
17 Presidents Day - No School	18  No School	19 Crispy Chicken Sandwich with Bacon Served with Lettuce and Tomato <ul style="list-style-type: none"> Chicken Noodle Soup 	20 <ul style="list-style-type: none"> Pasta with Meatballs Dinner Roll 	21 Pizza Tossed Salad
24 <ul style="list-style-type: none"> Cheesesteak Hero Creamy Tomato Soup 	25 <ul style="list-style-type: none"> Taco Salad Served with Scoops Salsa and Sour Cream	26 Grilled Chicken Platter <ul style="list-style-type: none"> Mashed Potatoes Gravy Carrots 	27 <ul style="list-style-type: none"> Swedish Meatballs Over White Rice Peas and Carrots	28 Pizza Tossed Salad

Harvest Market: Fresh Vegetables, Featured Salads, Bean Salads, or Veggie Dippers Available Daily

SWAP Out Offered Daily: Cereal Bag, Peanut Butter and Jelly Sandwich, Grilled Cheese Sandwich

All Meals Served All Meals are Served with the Vegetable of the Day and/or a Selection from Mac's Veggie Patch, Assorted Fresh or Chilled Fruit of the Day, and Low Fat Milk Choice.

Nutrition Info K-8 Our well-balanced lunches available for the week, average between 600-650 calories, with less than 10% of total calories from saturated fat and 0 grams of trans fat!

Menus are Subject to Change The nutrient information is based on the manufacturer's food labels and may be subject to change without warning. For Carbohydrate Counts for food items, please visit www.maschiofood.com for the most up to date Carbohydrate Count List of Common Foods. This list is updated on a monthly basis and as needed. Carbohydrate Counts for items are based on Nutrikids Analysis of Maschio's Recipes and may vary based on product availability. These calculations are not intended for medical use.

EOE Statement Maschio's Food Services, Inc. is an Equal Opportunity Employer.

More Details: escmorris.nutrislice.com/menu/park-lake-school/lunch/

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