



Central Park School Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 <ul style="list-style-type: none"> Turkey Corn Dog Nuggets Roasted Sweet Potatoes Vegetarian Baked Beans 	4 <ul style="list-style-type: none"> Philly Cheesesteak Wrap Tomato Soup Onion Rings 	5 <ul style="list-style-type: none"> Meatball Parm Hero Battered French Fries Seasoned Green Beans 	6 <ul style="list-style-type: none"> Grilled Cheese Sandwich with Bacon and Tomato Tater Tots 	7 <ul style="list-style-type: none"> Cheese Pizza 🍷 Mixed Vegetables
10 <ul style="list-style-type: none"> Crispy Chicken Salad Dinner Roll 	11 <ul style="list-style-type: none"> Taco Salad Served with Tortilla Scoops Salsa and Sour Cream 	12 <ul style="list-style-type: none"> Cheeseburger on a Bun or All Natural Beef Hot Dog on a Bun French Fries Vegetarian Baked Beans 	13 <ul style="list-style-type: none"> Sweet and Sour Chicken White Rice Steamed Broccoli 	14 <ul style="list-style-type: none"> Pancakes Breakfast Sausage Tater Tots
17 <ul style="list-style-type: none"> Grilled Chicken Caesar Salad with Dinner Roll Onion Rings 	18 <ul style="list-style-type: none"> Chicken Quesadilla Served with Black Beans Salsa and Sour Cream 	19 <ul style="list-style-type: none"> Meatball Parm Hero French Fries Seasoned Green Beans 	20 <ul style="list-style-type: none"> Crispy Chicken Sandwich Sweet Potato Fries Vegetarian Baked Beans 	21 <ul style="list-style-type: none"> Cheese Pizza 🍷 Vegetable Medley
24 <ul style="list-style-type: none"> Turkey Corn Dog Nuggets Side of Macaroni and Cheese Vegetarian Baked Beans 	25 <ul style="list-style-type: none"> Chicken Parm with Pasta Dinner Roll 	26 <ul style="list-style-type: none"> Swedish Meatballs White Rice Mixed Vegetables 	27 <ul style="list-style-type: none"> Cheeseburger on a Bun or All Natural Beef Hot Dog on a Bun French Fries Vegetarian Baked Beans 	28 <ul style="list-style-type: none"> Pancakes Breakfast Sausage Tater Tots
31 <p>Memorial Day - No School</p>	Harvest Market: <i>Fresh Vegetables, Featured Salads, Bean Salads, or Veggie Dippers Available Daily</i>		SWAP Out Offered Daily: <ul style="list-style-type: none"> Cereal Bag Peanut Butter and Jelly Sandwich Grilled Cheese Sandwich 	All Meals Served All Meals are Served with the Vegetable of the Day, Assorted Fresh or Chilled Fruit of the Day, and Low Fat Milk Choice Where Available

Nutrition Info 9-12. Our well-balanced lunches available for the week, average between 750-850 calories, with less than 10% of total calories from saturated fat and 0 grams of trans fat. Menus are Subject to Change. Please note Maschio's Nutrislice carbohydrate counts are calculated using an average of our most used products. Maschio's Food Services nutrient information is based on the most updated manufacturer's food labels available and may be subject to change without warning. For Carbohydrates Counts for food items, please visit www.maschiofood.com for the most up to date Carbohydrate Count List of Common Foods. This list is updated on a monthly basis and as needed. Carbohydrate Counts for items are based on Nutrikids Analysis of Maschio's Recipes and may vary based on product availability. These calculations are not intended for medical use.

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QUESTIONS OR COMMENTS?
Please call us at (973) 598-0005 to speak to one of Maschio's registered dietitians.

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Healthy meals grow
healthy kids!